



If yu lo Australia and garem biki symptoms olsem sot win, kolem 000 for kwik medical help.

# CORONAVIRUS

## HELT TOK TOK

Tok tok ya barava important for olketa wakaman lo Australia lo July 2020.

### WAT NAO CORONAVIRUS?

Coronavirus or COVID-19, hem respiratory siki wea wan fala niu virus nao i causim. Siki ea save siki smol an pneumonia tu. Samfala pipol olketa savei gud kwik taim and samfala bae siki biki kwik tu.

#### SYMPTOMS BLO SIKI HEMI:



BODI HOT



COF



SOA TROT



SOT WIN

### KIPIM YU SELEVA GUT AN HELP FOR STOPEM SPREAD

GUDFALA WAY FO STOPEM SIKI EA HEM FOR DUIM OLOWE GUDFALA HYGIENE.



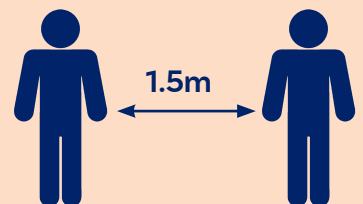
WAS HAN OLOWE  
WETEM SOP



KAVAM MAOT TAEM  
COF COF



NO STAP KOLSAP  
TUMAS LO NARA  
PIPOL



PRACTISIM STAP  
FARAWE FROM  
NARAWAN



SAVE LO WAYS FO PRACTISIM  
ISOLATION IF YU FILIM SYMPTOMS OR  
GAREM SIKI EA



FOLOM NAO OLKETA  
LIMIT LO NAMBA  
FO OLKETA SOCIAL  
GATHERINGS

#### CORONAVIRUS HELT INFORMATION LINE



Callem national coronavirus helpline lo **1800 020 080** fo olketa tok tok abaotem COVID-19.  
Line hem open 24 hours lo dei, seven dei lo wik.

# FOLOM GOVERNMENT REGULATIONS FO STAP GUD AND NO PAY FINE



Lo olketa manis finis yumi garem nao siki lo COVID-19 lo Australia. Distaem samfala states garem nao biki namba lo siki ea an **olketa state garem seleva own restrictions and regulations lo ples.**

**FO MEK SURE YU FOLOM CORRECT LAWS AND REGULATIONS, PLEASE CHECKEM WEBSITE LO DOWN FO PLES YU STAP.**

- Queensland: <https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19>
- New South Wales: <https://www.nsw.gov.au/covid-19>
- Victoria: <https://www.dhhs.vic.gov.au/coronavirus>
- South Australia: <https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/infectious+diseases/covid+2019/coronavirus+disease+2019+covid-19>
- Northern Territory: <https://coronavirus.nt.gov.au>
- Western Australia: [https://ww2.health.wa.gov.au/Articles/A\\_E/Coronavirus](https://ww2.health.wa.gov.au/Articles/A_E/Coronavirus)
- Tasmania: <https://www.coronavirus.tas.gov.au>

Please chekem nao face covering rule lo ples yu stap. If yu no werem nao face covering lo olketa ples ea, yu bae fine. [Visit the Victorian Department of Health and Human Services at: https://www.dhhs.vic.gov.au/face-coverings-covid-19](https://www.dhhs.vic.gov.au/face-coverings-covid-19)



**CALLEM CLINIC  
FESTAEM**

## WAT IF MI FIL SIKI?

If yu barava no fil gud and ting yu garem conoravavirus syptoms **callem coronavirus health information center number lo: 1800 020 080.**

If yu visitim any local doctor, **callem clinic ea bifo yu visit fo bookim appointment** and talem symptoms, travel history and any niu close contact wetem anyone wea garem coronavirus.

If yu bae livim haus fo lukim doctor, wearem surgical mask (if yu garem) for protectim nara pipol. If yu diagnosed wetem coronavirus, keepim yu seleva from nara pipol an stap lo haus.

### HAO FO ISOLATIM YUSELEVA

No go to public ples, e.g. ples yu waka, lo parks or shopping centres. If save, askem nara pipol fo buy groceries fo yu and livim lo front door.

- Only pipol stap wetem yu lo haus nomoa save stap insaed haus. No letem visitors kam.
- Yu no need fo werem surgical mask insaed haus blo u.
- If yu go out from haus fo go findem medical attention, wearem surgical mask (or scarf overm maot blo yu) for protectim nara pipol.

Findim samfala moa tok tok about self-isolation: <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/how-to-protect-yourself-and-others-from-coronavirus-covid-19/isolation-for-coronavirus-covid-19>



**IF U GAREM  
CORONAVIRUS,  
STAP LO HAUS**

## INDUSTRY SPECIFIC INFORMATION

Safe Work Australia hemi wakem olketa information and guidelines for a staka industries, olsem aged care, agriculture, food processing (including meatworks) and staka moa.

For guidelines and tips fo keepim workples COVID-safe, please go lo this fala webpage and usim this fala easy search tool fo findem industry blo yu: <https://www.safeworkaustralia.gov.au/covid-19-information-workplaces>

