



Karik Ita-Boot hela iha Austrália no sofre sintoma séria hanesan susar dada iis, telefone 000 hodi husu assisténsia médika urjente.

VIRUS CORONA

KONSELLU SAÚDE

Tuir mai hato'o informasaun foun ne'ebé importante ba traballadór sira iha Austrália, ne'ebé atualizadu iha Julu 2020.

SAIDA MAK VIRUS CORONA?

Virus Corona, ka COVID-19, nu'udar moras respiratóriu ne'ebé kauza husi virus foun. Iha sintoma oioin, husi moras kmaan to'o pneumonia. Ema balu bele rekupera sein problema ruma, maibé ema seluk bele moras lailais tebes.

SINTOMA SIRA BELE INKLUI:



ISIN-MANAS



ME'AR



KAKOROK MORAS



SUSAR DADA IIS

PROTEJE ITA-BOOT NIA AN RASIK NO AJUDA HODI PREVENE TRANSMISAUN

Protesaun di'ak liu hotu hasoru infesaun mak praktiká ijiene ne'ebé di'ak:



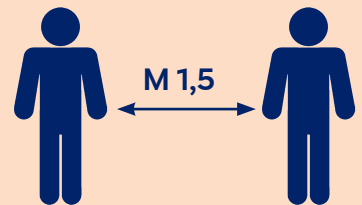
DALA BARAK FASE
LIMAN HO SABAUN
NO BEE



SEMPRE TAKA IBUN
BAINHIRA ME'AR KA
FANI



EVITA KONTAKTU
BESIK HO EMA SELUK



MANTEIN DISTANSIA
FÍZIKA




HATENE OINSÁ TENKE IZOLA AN
BAINHIRA ITA-BOOT HETAN SINTOMA
KA IHA KAZU KONFIRMADU



HALO TUIR
RESTRISAUN KONA-
BA ATIVIDADE SOSIÁL
HAMUTUK

LIÑA TELEFÓNICA HO INFORMASAUN SAÚDE KONA-BA VIRUS CORONA

 Telefone liña telefónica nasionál kona-ba virus corona iha **1800 020 080** hodi hetan informasaun kona-ba COVID-19. Liña telefónica ne'e opera lora ida oras 24, semana ida lora hitu.

HALO TUIR REGULAMENTU GOVERNUNO PROTEJE AN HO NUNE'E LA HETAN MULTA



Durante fulan hirak ikus mai iha kazu sira COVID-19 nian ne'ebé konfirmadu iha Austrália. Agora daudaun, estadu balu hetan nivel infesaun aas liu duké estadu seluk no **kada estadu iha restrisaun no regulamentu rasik.**

HODI GARANTE KATAK ITA-BOOT KUMPRE LEI NO REGULAMENTU NE'EBÉ LOLOOS, FAVÓR HAREE WEBSITE NE'EBÉ RELEVANTE IHA OKOS BA ITA-BOOT NIA LOKALIZASAUN.

- Queensland: <https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19>
- New South Wales: <https://www.nsw.gov.au/covid-19>
- Victoria: <https://www.dhhs.vic.gov.au/coronavirus>
- South Australia: <https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/infectious+diseases/covid+2019/coronavirus+disease+2019+covid-19>
- Northern Territory: <https://coronavirus.nt.gov.au>
- Western Australia: https://ww2.health.wa.gov.au/Articles/A_E/Coronavirus
- Tasmania: <https://www.coronavirus.tas.gov.au>

Ita-Boot tenke hatene kona-ba regra atu taka oin iha Ita-Boot nia rejiaun. Karik Ita-Boot la taka oin iha areá sira ne'ebé spesífiku, bele hetan multa. [Haree Victoria nia Departamentu Saúde no Servisu Sosiál iha: https://www.dhhs.vic.gov.au/face-coverings-covid-19](https://www.dhhs.vic.gov.au/face-coverings-covid-19)



TELEFONE
KEDAS KLÍNICA

SAIDA MAK HA'U HALO KUANDU SENTE MORAS?

Karik Ita-Boot sente isin baruk no hanoin katak iha sintoma virus corona, telefone **sentru informasaun saúde kona-ba virus corona liuhosi: 1800 020 080.**

Karik Ita-Boot vizita doutór lokál, **telefone klínika molok halo apontamentu** no esplika Ita-Boot nia sintoma, fatin sira ne'ebé vizita tiha ona no kontaktu besik foin daudaun ne'e ho ema ne'ebé hetan diagnostika pozitiva ba virus corona.

Karik Ita-Boot sai husi uma hodi vizita doutór, tau máskara sirúrjiku (karik iha) hodi proteje ema seluk. Karik Ita-Boot hetan diagnostika pozitiva ba virus corona, izola an iha uma de'it.

OINSÁ BELE IZOLA AN

Labele bá fatin públiku, n.e. serbisu-fatin, parke ka sentru komersiál. Karik posivel, husu ema seluk sosa hahán ba Ita-Boot no rai iha Ita-Boot nia odamatan oin.

- Só ema sira ne'ebé normalmente hela hamutuk ho Ita-Boot bele iha Ita-Boot nia uma. Labele simu vizitante.
- La prezisa tau máskara sirúrjiku iha Ita-Boot nia uma laran.
- Karik Ita-Boot tenke sai husi uma hodi buka asisténsia médika, tau máskara sirúrjiku (ka kaxekól hodi taka ibun) hodi proteje ema seluk.

Favór haree informasaun seluk tan kona-ba izola an: <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/how-to-protect-yourself-and-others-from-coronavirus-covid-19/isolation-for-coronavirus-covid-19>



SE ITA-BOOT
HETAN VIRUS
CORONA, HELA
IHA UMA DE'IT

INFORMASAUN ESPEÍFIKA BA INDÚSTRIA

Safe Work Australia prepara informasaun no orientasaun detalladu ba indústria oioin, inklui kuidadu ba ema idozu sira, agrikultura, prosesamentu hahán (inklui matadouru) no seluk tan.

Hodi hetan orientasaun no sujestaun sira hodi garante Ita-Boot nia serbisu-fatin livre husi COVID, favór vizita webpage ne'e no uza instrumentu hodi buka informasaun kona-ba Ita-Boot nia indústria: <https://www.safeworkaustralia.gov.au/covid-19-information-workplaces>

